

Claims**What is claimed is:**

1. A cosmetic or dermopharmaceutical composition, comprising:
 - (a) an extract of a plant belonging to the genus *Buchholzia*; and
 - 5 (b) at least one auxiliary and/or additive.
2. The cosmetic composition according to Claim 1, wherein the plant is *Buchholzia coriacea*.
- 10 3. The composition according to Claim 2, wherein the extract is from the fruit of *Buchholzia coriacea*.
4. The composition according to Claim 2, wherein the extract is from the seeds of *Buchholzia coriacea*.
- 15 5. The composition according to Claim 1, wherein the auxiliary and/or additive is selected from the group consisting of oily bodies, surfactants, emulsifiers, fats, waxes, pearlescent waxes, bodying agents, thickeners, superfatting agents, stabilizers, polymers, silicone compounds, lecithins, phospholipids, biogenic active ingredients, deodorants, antimicrobial
- 20 agents, antiperspirants, film formers, antidandruff agents, swelling agents, insect repellents, hydrotropes, solubilizers, preservatives, perfume oils, dyes, and mixtures thereof.
- 25 6. The composition according to Claim 1, wherein the concentration of the extract in the composition is about 0.001 weight percent to about 25 weight percent.
7. The composition according to Claim 1, wherein the extract is
- 30 obtainable by extracting at least a portion of the plant belonging to the

genus *Buchholzia* with a solvent selected from the group consisting of water, alcohol, and mixtures thereof to form a solution; and removing the solvent from the solution to obtain an extract.

5 8. The composition according to Claim 7, wherein at least a portion of the plant comprises the fruit.

9. The composition according to Claim 7, wherein at least a portion of the plant comprises the seeds.

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10. A method for the cosmetic treatment of the skin or scalp, comprising the step of administering to a patient in need thereof a composition comprising an effective amount of a plant extract from a plant belonging to the genus *Buchholzia*.

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11. The method according to Claim 10, wherein the plant is *Buchholzia coriacea*.

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12. The method according to Claim 10, wherein the extract is from the fruit of *Buchholzia coriacea*.

13. The method according to Claim 10, wherein the extract is from the seeds of *Buchholzia coriacea*.

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14. The method according to Claim 10, wherein the composition is administered topically or orally.

15. The method according to Claim 14, wherein the composition is in the form of a tablet, dragee, capsule, juice, solution, or granule.

16. The method according to Claim 10, wherein the cosmetic treatment comprises inhibiting the synthesis of melanin, decreasing the effects of skin pigmentation, stimulating the growth and/or metabolism of human fibroblasts, providing an anti-aging and/or anti-wrinkle effect, providing a revitalizing or rejuvenating effect on stressed or tired skin, promoting the repair of aged and/or photo-aged skin, promoting hair growth or the delay of hair loss, providing an appeasing and anti-irritation effect against oxidative stress and pollutants, providing a protease inhibition effect, providing an antioxidant effect, and/or protecting against UV or IR radiation.

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17. A method for the treatment of the skin inflammation, comprising the step of administering to a patient in need thereof a composition comprising an effective amount of a plant extract from a plant belonging to the genus *Buchholzia*.

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18. The method according to Claim 17, wherein the composition is administered topically or orally.

19. The method according to Claim 17, wherein the inflammation is Rosacea.

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20. The method according to Claim 17, wherein the composition is in the form of a tablet, dragee, capsule, juice, solution, or granule.